

OFFERING PATIENTS THERAPEUTIC INFORMATION ON CLOZAPINE (OPTIC) ©

Person's Name: _____

BENEFITS AND REASONS TO CHOOSE CLOZAPINE		YES	NO
When you take clozapine rather than other medication, you may get along at home better, be able to go to school or work, have a better social life and be more satisfied with treatment. People who switch to clozapine say their symptoms, ability to function in their daily life, and satisfaction with treatment is better. ⁱ	Is it important to you to get along better with family and friends?	<input type="checkbox"/>	<input type="checkbox"/>
	Is it important to you to be able to go to school or work?	<input type="checkbox"/>	<input type="checkbox"/>
	Is it important to you to have a better social life?	<input type="checkbox"/>	<input type="checkbox"/>
	Is it important to you to be satisfied with your treatment?	<input type="checkbox"/>	<input type="checkbox"/>
Over two years, more people stay on clozapine than other medication. ⁱⁱ	Is it important to you to stay on medication?	<input type="checkbox"/>	<input type="checkbox"/>
People not optimally treated are more likely to have symptoms and more likely to be hospitalized than people taking clozapine. ⁱⁱⁱ	Is it important to you to avoid being hospitalized with symptoms?	<input type="checkbox"/>	<input type="checkbox"/>
Relapses make it harder for you to recover. Usually, fewer relapses happen with clozapine since it is the most effective treatment for your condition. Long-term treatment results are better with clozapine. ^{iv}	Is it important to you to have a better long-term treatment results and fewer relapses?	<input type="checkbox"/>	<input type="checkbox"/>
You are being offered clozapine because you have symptoms that are not responding to other medications and clozapine offers the best chance of response. It is the gold standard of care for your condition. ^v	Is it important for you to take the medication with the best chance of response?	<input type="checkbox"/>	<input type="checkbox"/>
	Is it important for you to take the gold standard treatment for your condition?	<input type="checkbox"/>	<input type="checkbox"/>
Some patients who are now taking multiple medications might be able to take fewer medications when taking clozapine. ^{vi}	Is it important to you to simplify your medication plan?	<input type="checkbox"/>	<input type="checkbox"/>
The scheduled laboratory monitoring allows you to be more connected to your treatment team.	Is it important to you to stay connected to your treatment team?	<input type="checkbox"/>	<input type="checkbox"/>
Since clozapine causes fewer relapses, people taking clozapine can better protect their brain compared to people taking less effective medication.	Is it important to you to protect your brain from the illness?	<input type="checkbox"/>	<input type="checkbox"/>

RISKS AND REASONS TO AVOID CLOZAPINE		YES	NO
You may experience minimal discomfort when getting your blood tests, but most patients tolerate this well.	Are you able to tolerate some discomfort caused by regular blood testing?	<input type="checkbox"/>	<input type="checkbox"/>
Optional question depending on availability of capillary blood testing: If you responded NO to the previous question: For people uncomfortable with blood tests, there is a device that allows for regular monitoring with a simple prick of a finger. A small drop of blood is then collected from the tip of the finger and is used for testing.	If you are uncomfortable with regular blood tests, would this device be an acceptable alternative for you? If yes, ask your doctor if this device is available in your area.	<input type="checkbox"/>	<input type="checkbox"/>
Blood tests are initially administered weekly then every two weeks and after 1 year, every 4 weeks (monthly). ^{vii}	Are you able to tolerate the inconvenience of the blood monitoring schedule?	<input type="checkbox"/>	<input type="checkbox"/>
Clozapine side effects may include sedation (tiredness), weight gain, hypersalivation (drooling or excess saliva), constipation and palpitations. Most of these side effects can be adequately managed with diet, exercise, or other medication. ^{viii}	Are you willing to exercise, eat healthy foods and take additional medication to manage side effects if they occur?	<input type="checkbox"/>	<input type="checkbox"/>
Like all of the medications offered to you, clozapine does have potential side effects. To gain a better understanding of clozapine's side effects, we should discuss them in comparison with any alternative medication.	Do you think you would be able to tolerate some of the potential side effects of clozapine?	<input type="checkbox"/>	<input type="checkbox"/>

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DECISION

Which option do you prefer?	<input type="checkbox"/> Take clozapine	<input type="checkbox"/> Do not take clozapine	<input type="checkbox"/> Unsure
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WHAT ARE YOUR DECISION-MAKING NEEDS?		YES	NO
Sure of myself	Do you feel sure about the best choice for you?	<input type="checkbox"/>	<input type="checkbox"/>
Understand information	Do you know the benefits and risks of taking or not taking clozapine?	<input type="checkbox"/>	<input type="checkbox"/>
Risk-benefit ratio	Are you clear about which benefits and risks matter most to you?	<input type="checkbox"/>	<input type="checkbox"/>
Encouragement	Do you have enough support and advice to make a choice?	<input type="checkbox"/>	<input type="checkbox"/>

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