

# Acute Psychosis Discharge Summary Tool

**Document Purpose:** This document serves as a checklist tool of information that could be consolidated and communicated to the community or outpatient care setting.

<b>Patient Name</b>			
<b>Date</b>			
<b>Antipsychotic Treatment Capacity Assessment</b>	<input type="checkbox"/> Capable		
	<input type="checkbox"/> Incapable, as per local capacity definition/requirements		
	<input type="checkbox"/> Further treatment capacity assessment required:		
<b>Substitute Decision Maker</b>			
<b>Residual Symptoms at Discharge</b>			
<b>Critical Elements of Hospitalization</b>			
<b>Risk Assessments</b>			
Assessed for suicide risk <sup>1</sup> : <input type="checkbox"/> Acute <input type="checkbox"/> Chronic	<input type="checkbox"/> High risk of suicide <input type="checkbox"/> Moderate risk <input type="checkbox"/> Low risk	Assessed for risk of violence <sup>1</sup> : <input type="checkbox"/> Acute <input type="checkbox"/> Chronic	<input type="checkbox"/> High risk of violence <input type="checkbox"/> Moderate risk <input type="checkbox"/> Low risk
<b>Psychiatric Symptoms Assessment Tools</b>			
<i>Considering your total clinical experience with this particular population, how mentally ill is the patient at the time of discharge? Select from the dropdown lists:</i>			
<b>Clinical Global Impression-(CGI)</b>	<b>Baseline (Date)</b>	<b>Current (Date)</b>	
<b>CGI-Severity (CGI-S) Scale<sup>2</sup>:</b>			
<b>CGI-Improvement (CGI-I) Scale<sup>2</sup>:</b>			
<input type="checkbox"/> Other (e.g. SOFAS, WHODAS)			
<b>Health Information</b>			
<b>Current Antipsychotic Medication</b>			
See guidance for additional information regarding antipsychotic medication guidance.			
<b>Antipsychotic Medication During Admission</b>			
<b>Previous Antipsychotic Trials</b>			
<b>Potential Barriers to Recovery</b>			
<i>Document any relevant factors that may impact success for this patient, which could include:</i>			
<b>Social and Environmental Factors</b>			
<b>Patient Factors</b>			
<b>External Factors</b>			

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Primary Care Physician	
Discharge Recommendations:	
Follow Up Recommendations:	
Recommended Monitoring:	

## Guidance

Transitions from acute care are important events that can introduce the risk of breakdowns in a person's care and of crucial information being lost or miscommunicated. It is important for people with psychosis who are leaving acute care to have information organised so that it can be readily shared between their providers in acute care and those in the community.<sup>1</sup> It is recommended that a follow-up appointment takes place within 7 days of discharge from inpatient setting.<sup>6</sup>

Guidelines recommend that the care plan includes signs of relapse, observation requirements associated with risk of suicide, individualized recovery goals, who to contact for support, where to go in a crisis, housing arrangements, budgeting and benefits, handling personal budgets, social and support networks, educational, work-related and social activities, details of medication, treatment and support plan, physical health needs, (including health promotion and information about contraception), and the date of review for the care plan.<sup>7</sup>

It is recommended that preference be given to atypical antipsychotics in the treatment of early psychosis patients<sup>3</sup>, and that LAI antipsychotic therapy is offered during all phases of psychotic disorders, including the early phase.<sup>4,5</sup> To address high rates of partial/non-adherence in early psychosis patients, preference is given to medications available in a long acting formulation.<sup>5</sup> If CGI-I is 1, or 2, consider psychosocial interventions, including treatment for substance use disorder, and consider LAIs for long-term stabilization. If CGI-I is >2, consider psychosocial interventions, including treatment for substance use disorder, consider change of medication, or consider LAIs for adherence issues. Clozapine should be considered for patients who have failed to respond to two previous adequate trials of antipsychotic medications.<sup>6,5</sup>

## Resources

The following resources are available on the [epicanada.org](http://epicanada.org) website:

- [Antipsychotic Treatment Selection Tool](#)
- [OPTIMA Tool for Discussing LAIs with Patients](#)
- [Tools for Monitoring Antipsychotic Side Effects \(TMAS\)](#)
- [The Scale for Early Psychosis Relapse Risk Assessment \(SEPRRA\)](#)
- [iHope Recently Diagnosed Discussion Tool](#)
- Order Sets, available at <http://epicanada.org/resource/clinical-order-sets/>
  - Initiation of Treatment for Early Phase Psychotic Disorders Order Set
  - Optimization of Treatment for Early Phase Psychotic Disorders Order Set
  - Clozapine Initiation Order Set
  - Cannabis and Early Phase Psychosis

## References

1. Addington D, Abidi S, Garcia-Ortega I, Honer WH, Ismail Z. Guidelines for the assessment and diagnosis of patients with schizophrenia spectrum and other psychotic disorders. *The Canadian Journal of Psychiatry*. 2017;62(9):594-603. doi:10.1177/0706743717719899
2. Guy W, ed. *ECDEU Assessment Manual for Psychopharmacology*. Rockville, Maryland: U.S. Department of Health, Education, and Welfare; 1976.
3. Canadian Psychiatric Association. Clinical practice guidelines. Treatment of schizophrenia. *Can J Psychiatry*. 2005;50(13 Suppl 1):7S-57S.
4. Addington D, Pringsheim T, Abidi S, et al. Canadian Schizophrenia Guidelines. *Can J Psychiatry*. 2017;62(9):586-683.
5. Remington G, Addington D, Honer W, Ismail Z, Raedler T, Teehan M. Canadian Schizophrenia Guidelines for the Pharmacotherapy of Schizophrenia in Adults. *The Canadian Journal of Psychiatry*. 2017;62(9):604-616. doi:10.1177/0706743717720448
6. Health Quality Ontario (HQO). *Schizophrenia Care for Adults in Hospitals*. Ontario: Ontario Long Term Care Association; 2016. <http://www.hqontario.ca/Evidence-to-Improve-Care/Quality-Standards/View-all-Quality-Standards/Schizophrenia/Resources>. Accessed September 28, 2017.
7. Ongoing care for adults with psychosis or schizophrenia - NICE Pathways. <http://pathways.nice.org.uk/pathways/psychosis-and-schizophrenia/ongoing-care-for-adults-with-psychosis-or-schizophrenia#content=view-node:nodes-interventions-for-promoting-recovery>. Accessed October 11, 2017.